

Maslow's Hierarchy of Needs Webquest

Answer Sheet

1. Constructivism – a psychological and philosophical perspective contending that individuals form or construct much of what they learn and understand.
2. Constructivism relates to motivation through
3. Motivation is the driving force behind a person meeting their needs. Because individuals have basic needs, they are motivated to fulfill those needs.
4. Individuals cannot move to a higher level of the hierarchy until the basic needs of the level below each level are met.
5. Video Physiological Needs: Water, Oxygen, Food, Shelter, Clothing
6. Video Safety Needs: Personal Security, Financial Security, Health and Well-being, Safety net against accidents/illness and their adverse impacts
7. Video Love and Belonging Needs: Friendship, Intimacy and Family
8. Video Self-Esteem Needs: Self-respect, Confidence, Accepted and valued by others, Fame and Competence
9. Video Self-Actualization Needs: Realize potential, ideal parents, athletic superiority, skills with painting or inventing
10. Abraham Maslow is the creator of Maslow's Hierarchy of Needs.
11. Maslow was an American professor of Psychology.
12. 1943
13. Albert Einstein, Ruth Benedict or Max Wertheimer
14. Metamotivation is a term used to describe self-actualized people who are driven by innate forces beyond their basic needs, so that they may explore and reach their full human potential.
15. **Human homeostasis** refers to the body's ability to physiologically regulate its inner environment to ensure its stability in response to fluctuations in the outside environment and the weather. The brain, liver and kidneys help maintain homeostasis.
16. Answers will vary but should not be ones already on the website. Possible Physiological Needs: Sleep, Air, Nutrition, Bodily functions, Home
17. Answers will vary but should not be ones already on the website. Possible Safety Needs: Locks, Savings, Police Officer, Smoke Detector, Security Guards
18. Answers will vary but should not be ones already on the website. Possible Love and Belonging Needs: Church, Youth group, Club, Sports teams, boyfriend and girlfriends
19. Answers will vary but should not be ones already on the website. Possible Self-Esteem Needs: Recognition, Strength, Glory, Respect, Independence, Prestige
20. Answers will vary but should not be ones already on the website. Possible Self-Actualization Needs: Education, Career Advancement, Happiness with life, Family, Master of all Needs