

Name: _____

Date: _____

Maslow's Hierarchy of Needs Webquest

Directions: Complete the following webquest by watching the videos on this website and by using the Internet to search for the answers. Good luck!

1. What is constructivism?
2. How does constructivism relate to motivation?
3. How does motivation relate to an individual's needs?
4. How do individuals move from level to level of Maslow's Hierarchy of Needs?
5. According to the physiological video, what are three examples of physiological needs?
6. According to the safety video, what are three examples of safety needs?
7. According to the love and belonging video, what are three examples of love and belonging needs?
8. According to the self-esteem video, what are three examples of self-esteem needs?
9. According to the self-actualization video, what are three examples of self-actualization needs?
10. Who was Abraham Maslow?
11. What was Maslow's profession?
12. In what year did Maslow present his paper *A Theory of Human Motivation*?
13. Name one person that Maslow based his characteristics of the self-actualized person on?
14. According to Maslow, what is metamotivation?
15. Homeostasis is a physiological human need. What is human homeostasis and what helps a person maintain it?
16. Give three ways that physiological needs can be met in addition to those given in the video.
17. Give three ways that safety needs can be met in addition to those given in the video.
18. Give three ways that love and belonging needs can be met in addition to those given in the video.
19. Give three ways that self-esteem needs can be met in addition to those given in the video.
20. Give three ways that self-actualization needs can be met in addition to those given in the video.